

PRODUCT DATA SHEET

CALM

Supports horses to stay focused and relaxed in stressful situations



- › Supplement for horses that are easily distracted by the environment
- › Developed to encourage nervous system balance and enhance concentration
- › Ideal for young, easily spooked horses
- › Contains magnesium, L-tryptophane, herbs and vitamins that promote relaxation



600 G | 1,5 KG



NERVOUSNESS & BEHAVIOUR

About Calm



Some horses; like young horses, can easily be impressed by their environment causing stress. In consequence horses can over-react and show nervous behaviour. Cavalor Calm contains magnesium, L-tryptophane, B-vitamins and herbs that improve their concentration and induce relaxation.

GABA (Gamma-aminobutyric acid) is a naturally occurring neurotransmitter that has an inhibitory effect on the central nervous system. Spooked or anxious horses can be a sign of a disturbed GABA-balance.

What makes Calm unique?

1

A unique blend of ingredients associated with the GABA pathway

Cavalor Calm features a carefully selected combination of ingredients that modulate the GABA pathway. For instance, *Camelia sinensis* contains naturally an amino acid that influences glutamate, an excitatory neurotransmitter, while promoting enzyme activity that enhances GABA production. In addition, magnesium and vitamin B6 are included for their roles in supporting the primary inhibitory functions of GABA, which helps reduce neuronal excitability.

2

Supports a healthy nervous system interaction

Cavalor Calm helps maintain a balanced central nervous system. *Melissa officinalis* provides flavonoids that foster relaxation by interacting with nerve pathways, and essential vitamins (B1, B6, and B12) support optimal nerve function and energy stabilization. This multifaceted approach promotes an environment where the nervous system can function efficiently, even under stress.

3

Enhanced relaxation through the synergy of ingredients

A high dosage of magnesium and L-Tryptophane in combination with calming herbs like *Camelia sinensis* and *Melissa officinalis*, contributes to muscle relaxation and mood stabilization. This tailored blend is designed to ease both physical tension and mental stress, making it particularly beneficial for horses that are easily impressed by the environment. Cavalor Calm also incorporates yeast—a functional ingredient known for its positive impact on gut health. By supporting healthy digestion and nutrient absorption, yeast plays a critical role in the gut-brain connection.

Advice

Starting dose of 30 g, 2 - 3 days before an expected stressful situation.

Can also be used for a longer period with a maximum of 4 weeks.

Mix with the daily feed ration. Maximum per horse per day: 60 g.

1 measure = 15 g.

Composition

Magnesium sulphate anhydrous / Yeasts products /

Calcium carbonate

Analysis	Quantity
Crude protein	16,78 %
Crude fat	0,20 %
Crude ash	57,67 %
Crude fiber	0,50 %
Calcium	0,94 %
Phosphorus	0,12 %
Sodium	0,01 %
Moisture	2,22 %
Magnesium	10,68 %

Technological additives	Quantity (Addition per kg)
Citric Acid (1a330)	358 mg
Propylgallate (E310)	130 mg
Sepiolite (E562)	390 mg

Nutritional additives	Quantity (Addition per kg)
L-Tryptophan (3c440)	74 240 mg

Vitamins	Quantity (Addition per kg)
Vitamin B1 / Thiamine mononitrate (3a821)	6480 mg
Vitamin B6 / Pyridoxine hydrochloride (3a831)	3750 mg
Vitamin B12 / Cyanocobalamine (3a835)	3750 mg

Research

GABA effect (research paper): Gamma-Aminobutyric Acid Signaling in Damage Response, Metabolism, and Disease - PMC

Melissa officinal effect: Harnessing Nature's Calm: Lemon Balm as a Soothing Supplement for Horses

Chamomila (anti-oxidant effect/stress): IJIR Paper Template



TIP!



Cavalor Calm is ideal for nervous horses that react skittishly or temperamentally to changing situations or unusual circumstances (transport, noise, colours, lights, commotion, foreign environments, people and animals, etc.).

Cavalor Calm can also be combined with other calming products such as *SoZen* or *Take It Easy (Forte)*.

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Pieces per outerpack	Description		Article number	
1	Calm 600 g	Powder	82191501	
1	Calm 1,5 kg	Powder	82191502	

Store in a cool, dry place. Keep out of reach of children. Close bucket after use. May be stored up to 1.5 years after the production date.

cavalor.com